



Kendall Ice Arena Stick and Puck Sessions

Stick and Puck sessions are geared for the youth hockey player age 17 & under. **(Sorry, no exceptions)**. *Father and son hockey is available for parents who wish to skate with their child, at other times during the week.*

Stick and puck gives youth players the opportunity to get extra ice time to work on skills, and have fun on their own. Players may also hire a staff instructor to work with them on furthering their skill development during these sessions. [Please check the downloadable hockey calendar](#) or call the KIA Skating Academy Office at 305-386-8288, for session times.

Players are required to wear full ice hockey equipment during these sessions.

Equipment includes:

Hockey skates, stick, shin pads, hockey socks, breezers (pants), athletic cup w/supporter, elbow pads, shoulder pads, ice hockey gloves, HECC certified helmet (this sticker can be found on the back of the helmet when you purchase one).

Father and Son Hockey

Father and son hockey is also available to Mothers and daughters. This gives parents the opportunity to share quality time on the ice with their child. Some parents don't have time in their schedule to take an active part in their child's hockey. This affords them the chance to experience this great sport together. [Please check the downloadable hockey calendar](#) or call the KIA Skating Academy Office at 305-386-8288, for session times.

Full hockey equipment is necessary to take part in any of these sessions.

Equipment includes:

Hockey skates, stick, shin pads, hockey socks, breezers (pants), athletic cup w/supporter, elbow pads, shoulder pads, ice hockey gloves, HECC certified helmet (this sticker can be found on the back of the helmet when you purchase one).