



# Figure Skating Training Camp Summer 2010



Kendall Ice Arena  
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Kendall Ice Arena has been designated as a progressive training facility by the PSA (Professional Skaters Association). "Excellence On Ice" through quality coaching!

## Intensive Figure Skating Training

Kendall Ice Arena is offering Summer Training Camp for high level skaters. Freeskate to Senior levels. Skaters will be divided into "Tracks" according to their test level. Skaters will be dropped off mornings at 8:30am and picked up at 4:00pm.

## Structured Activities and Workshops\*

Camp includes 7 1/2 hours of supervised activities led by KIA Coaches and Counselors. Each day will include Two Freestyle Sessions (up to three hours) plus, "On-Ice" and "Off-ice" Workshop Classes. Included are, "power and conditioning", "off-ice" Jump Technique and Conditioning, Moves In The Field, Footwork, Spin Technique, Artistry, Ballet, Hip Hop, IJS Rules and more! In addition we have "quiet" time activities scheduled like crafts, movies, etc.

## Private Lessons

You may schedule your private lessons during any of our Camp Freestyle Periods that are designated for your skating level. High Level Camp Freestyles will be limited to a maximum of 20 Skaters.

Private Jump technique lessons can be scheduled with the jump harness ("Fishing Pole" or "Overhead Track").

**New!** "Dartfish" Slow Motion Video Jump Technique Analysis is also available by appointment! **G-1 Slideboard** Jump and Core Training.

## Tuition

\$ 250 per week of camp or 62.50 per day. The price does not include lunch. You may order lunch for an additional \$2.50 per day (10% discount for immediate family members).

Skaters not enrolled in camp may skate freestyle at the regular price on a first come, first serve basis, if session has less than 20 campers.

## Guest Coaches Welcome:

Coaches (with a following) may make special arrangements to teach during the Summer Period.

## Camp Dates\*

- Session 1 June 14 to June 18
- Session 2 June 21 to June 25
- Session 3 June 28 to July 2
- Session 4 July 5 to July 9
- Session 5 July 12 to July 16
- Session 6 July 19 to July 23
- Session 7 July 26 to July 30
- Session 8 August 2 to August 6
- Session 9 August 9 to August 13

## Daily Schedule\* (Monday through Friday)

8:30-8:45 am—Drop-off

See Attached training Schedule for freestyle and workshop times. \*Hockey Camp Schedule may alter training times.

4:00 pm—Pick-up

## After Camp Care:

Skaters who are unable to be picked up after camp can sign up for "After Camp" Care, Monday through Friday from 4:00– 5:00 pm for an additional \$25.00 per week or \$7.50 a day. Skaters not enrolled in the camp may skate on a "first come first serve" basis.

**All campers must be picked up by 5:00 pm.**

**There are no exceptions!**

**Please Note that there is more Freestyle time available most evenings and weekends for an additional fee.**

\*The schedule is subject to change without notice and may vary according to the number of skaters in camp. Payment must be paid in full at time of registration. There will be a \$50 Cancellation fee for canceling prior to the start of camp. There are no refunds for cancellation during the camp unless the camper has a medical note from a doctor. We reserve the right to cancel the camp if there is insufficient enrollment.